Cleaning My Bedroom

DIRECTIONS ON HOW TO USE

Use this visual schedule to help your loved one participate in doing laundry. Choose the number of steps that fits their needs.

Choose picture cards from the last page, or use your own photographs, symbols, or drawings.

To prepare the schedule:

1. Print the schedule and picture cards.
2. Cut out cards along their borders.
3. Laminate if preferred.
4. Attach matching Velcro to the backs of the cards and to the schedule boxes.

Place selected cards in the To Do column. Move each card to All Done! when that step is finished.

Use only the steps needed. Folding and hanging are alternatives depending on the clothing and household system.

Safety: Check clothing labels and appliance instructions. Provide help with detergent, settings, hot items, or heavy loads as needed.

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VISUAL SCHEDULE — PART 1

To Do		All Done!
	→	
	→	
	→	
	→	
	→	
	→	

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VISUAL SCHEDULE — PART 2

To Do		All Done!
	→	
	→	
	→	
	→	
	→	
	→	

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PICTURE CARDS — PART 1

Cut out the cards. Each complete card matches a To Do / All Done box



Pick up garbage in room



Put garbage in room trash can



Take room trash to family garbage can



Pick up dirty clothes



Put dirty clothes in laundry basket



Take laundry basket to washer

Choose only the steps needed. Folding and hanging are alternatives depending on the clothing.

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PICTURE CARDS — PART 2

Cut out the cards. Each complete card matches a To Do / All Done box



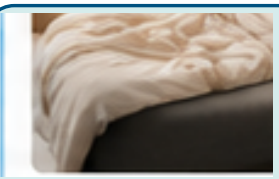
Put toys in their place



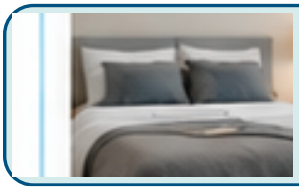
Put games in their place



Put books in their place



Make my bed



Check my room

Choose only the steps needed. Folding and hanging are alternatives depending on the clothing.

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