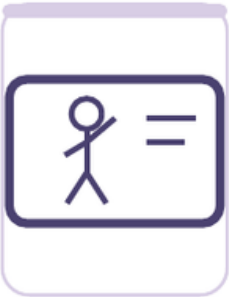


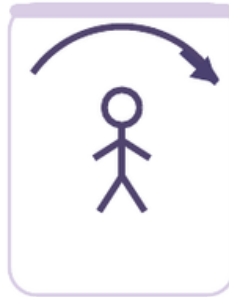
What Are We Doing Right Now?

Let us decide what we are doing together.



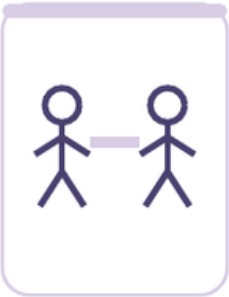
Learn something new

Someone will show me how.



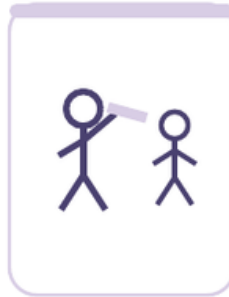
Practice

I have done this before. I will try again.



Do it together

We will each do part of the activity.



Get help

Someone will help with the difficult parts.



Complete the task

It needs to get done. We are not practicing now.

Point, circle, clip, or mark today's choice.



WHAT DO YOU NEED RIGHT NOW?

This visual helps caregivers and loved ones clarify the purpose of an everyday activity before it begins. The activity might be an opportunity to learn something new, practice a familiar skill, work together, receive help, or simply complete the task.

Making the goal visible can reduce confusion and help everyone understand what participation and success will look like in that moment.

HOW TO USE THIS VISUAL

1. Review the five choices together before beginning the activity.
2. Decide whether the goal is to learn, practice, work together, receive help, or complete the task.
3. Point to, circle, clip, or mark the selected choice.
4. Explain what the choice means for the activity.
5. Revisit the visual if the goal or level of support needs to change.

The same activity may have a different goal on a different day. Choosing to help or complete the task today does not prevent you from teaching it another time.

